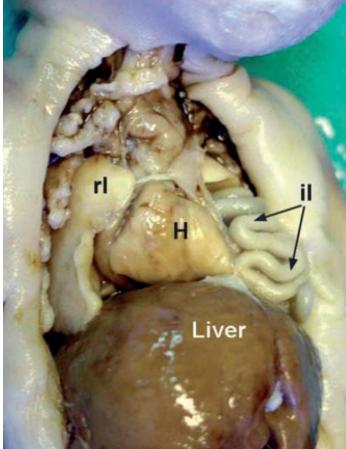


## CONGENITAL DIAPHRAGMATIC HERNIA

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- •2.4-4.9 in 10000
- Most Sporadic
- •Male=female
- •Left>>>Right> Bilateral
- •Associated with smoking, alcohol, vitamin A deficiency, thalidomide, anticonvulsants
- •*Survival for isolated CDH :60%*



- Results from abnormal diaphragm development at 6–10 weeks with incomplete closure of the pleuroperitoneal folds
- Herniated viscera cause decreased bronchial branching, alveolar number, and pulmonary vascularization, and over muscularization of pulmonary arterial tree, leading to:
- Pulmonary Hypoplasia
- Pulmonary Hypertension



# Diagnosis of CDH

- Displaced heart (to the right)
- Ectopic stomach in the chest
- Scaphoid abdomen
- Very small ipsilateral fetal lung
- Liver in chest (poorer prognosis)
- Longitudinal views: a tortuous aspect of the inferior vena cava and the absence of the hypoechoic contour of the diaphragm
- Polyhydramnios
- \*\*\*Defect in 1<sup>st</sup> trimester but herniation in different time ( 50-60% prenatal diagnosis)























# D.DX of CDH

- Congenital pulmonary airway malformation
- Congenital diaphragmatic hernia
- Tracheoesophageal fistula
- Pulmonary sequestration
- Cysts
  - Bronchogenic
  - Foregut
- Tumors
  - Neuroblastoma
  - Mediastinal teratoma
  - Rhabdomyoma
- Atresia
  - Bronchial with distal degeneration
- Congenital lobar emphysema
- Congenitally small lungs
- Lung agenesis
- Vascular abnormalities
  - Vascular rings
  - Pulmonary artery slings



#### **PROGNOSTIC FEATURES OF LEFT CDH**

- Chromosomal abnormality or Other anomalies
- Early diagnosis (less than 24 wk gestation) and early delivery
- Lung Head Ratio
- Intrathoracic stomach
- Intrathoracic liver
- Pul HTN
- Bilateral



### Lung to Head Ratio



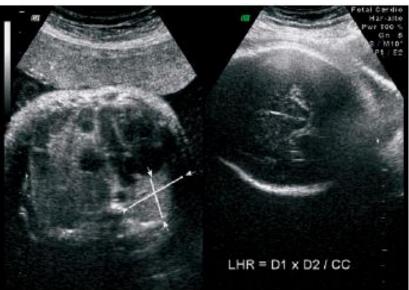






#### TABLE 37.9

Neonatal Outcome as a Function of Lung-to-Head Ratio in Fetuses With Left-Sided Isolated Congenital Diaphragmatic Hernia and Liver Herniation



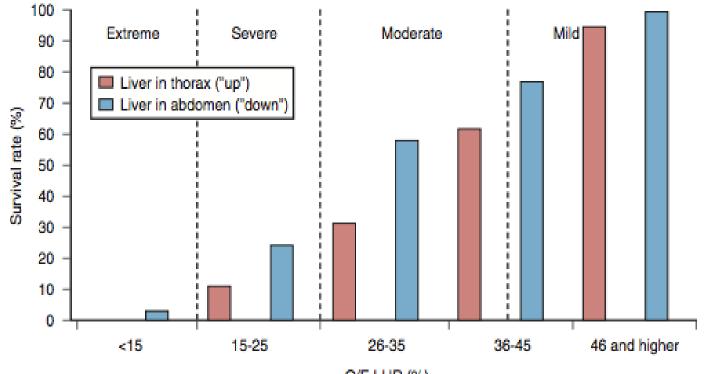
Degree of Pulmonary Hypoplasia		Expectant Management*		<b>FETO</b> <sup>b</sup>	
	LHR	Ν	Survival	N	Survival
Extreme Severe	0.4-0.5 0.6-0.7 0.8-0.9 Total LHR <1.0	2 6 19 27	0 (0%) 0 (0%) 3 (15.8%) 3 (11.1%)	6 13 9 28	1 (16.7%) 8 (61.5%) 7 (77.8%) 16 (57.1%)
Moderate	1.0–1.1 1.2–1.3	23 19	14 (60.9%) 13 (68.4%)		NA NA
Mild	1.4–1.5 ≥1.6	11 6	8 (72.7%) 5 (83.3%)		NA NA
Total		86	43 (50%)		

'Jani J, Keller RL, Benachi A, et al; Antenatal-CDH-Registry Group. Prenatal prediction of survival in isolated left-sided diaphragmatic hernia. Ultrasound Obstet Gynecol. 2006;27:18–22.

<sup>2</sup>Jani JC, Nicolaides KH, Gratacos E, et al. Fetal lung-to-head ratio in the prediction of survival in severe left-sided diaphragmatic hernia treated by fetal endoscopic tracheal occlusion (FETO). Am J Obstet Gynecol. 2006;195:1646–1650.

FETO, Fetoscopic endoluminal tracheal occlusion; LHR, lung-to-head ratio; NA, not applicable (fetuses were not eligible for FETO).





O/E LHR (%)



## Management of CDH

- \*\*\*Diagnosis of CDH should prompt referral to a tertiary center
- Detailed morphologic survey, 3D US, MRI
- Fetal echocardiography
- Genetic testing
- parental counseling:
- Termination of the pregnancy
- Repair of the defect after birth
- Fetal surgery
- \*\*\* Repair after birth does not reverse the pulmonary hypoplasia and pulmonary hypertension caused by the CDH\*\*\*



#### \*\* Prenatal intervention for CDH will be justified if improvement in survival or morbidity can be demonstrated when compared to planned delivery and postnatal management with gentle ventilation strategy\*\*\*\*







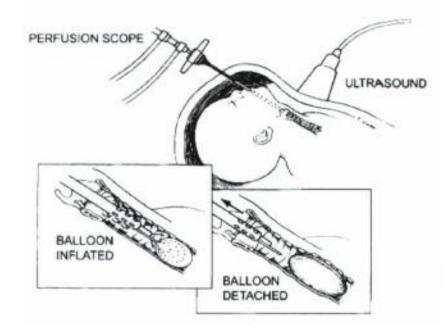
# Prenatal surgical intervention

- •Open fetal surgical repair
- •Open surgical tracheal occlusion
- Endoscopic external tracheal occlusion
- Endoscopic endoluminal tracheal occlusion



#### Fetoscopic Endoluminal Tracheal Occlusion (FETO)

- Prevents egress of lung fluid
- Increasing airway pressure,
- Promotes pulmonary tissue proliferation
- Increases alveolar airspace
- Encourages maturation of pulmonary vasculature



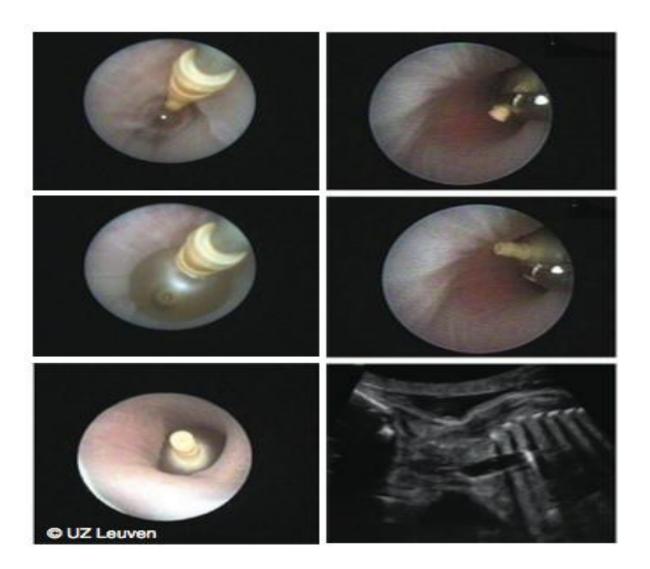




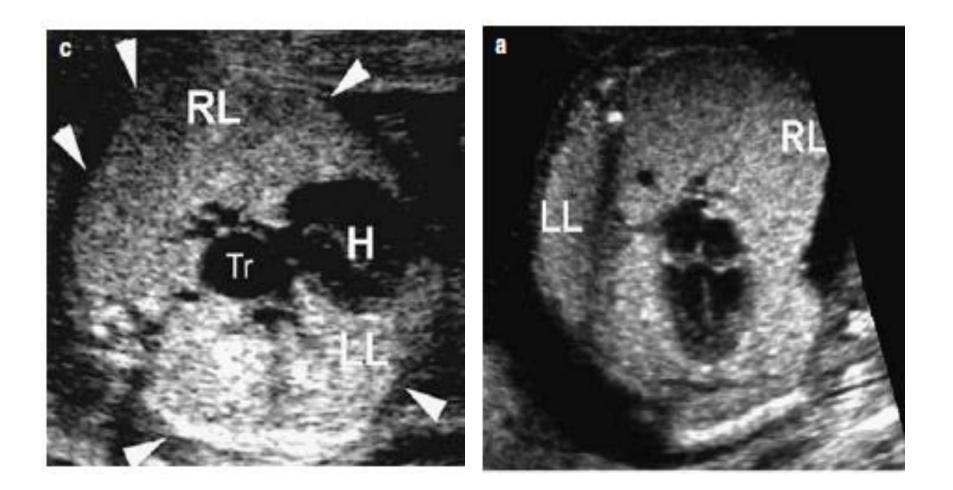














## Many Thanks for your attention





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